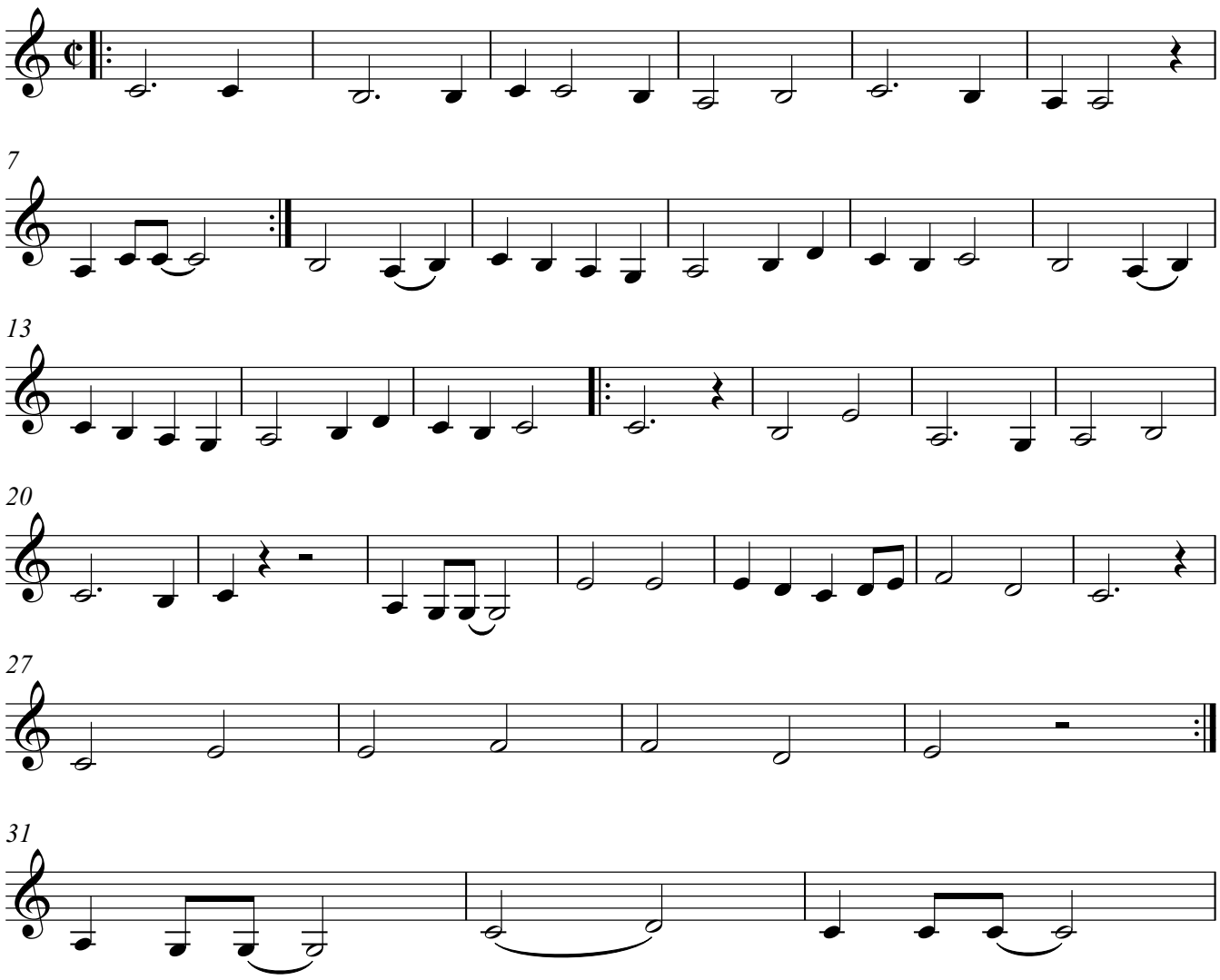Trompa en Fa